



## Your guide to Medical Marijuana

### Medical Marijuana - Helpful information:

- All patients are registered with the Department of Health's Office of Medical Marijuana Use (OMMU)/ Medical Marijuana Use Registry (MMUR) This is where you can track how much you have purchased, how many days until you need to renew your card, if your card has been approved, and how long your orders are good until.
- Updates and information are available on the OMMU's site at:  
<https://knowthefactsmmj.com/about/weekly-updates/>
- Medical Marijuana is NOT a prescription it is simply a recommendation, you will hear the word recommendation a lot. While you will be given a suggestion as to what to use to best treat your symptoms you are encouraged to try different products and find out what works best for you.
- Medical Marijuana is referred to as medicine, product, marijuana or cannabis.
- If you are not familiar with Medical Marijuana, Dr. Hashim has provided his patients with a dosing guide found on his website: [www.theherbalclinicmd.com](http://www.theherbalclinicmd.com)
- There are also many insightful videos to really break down cannabis and how it works:  
<https://www.theherbalclinicmd.com/resources/videos>
- Your medicine is purchased from a dispensary. There are many throughout the state and they all typically offer delivery services. Some dispensaries charge a fee for this and some do not - Please check with your dispensary of choice for proper delivery guidance and rules.
- You are the only one that can purchase your medicine, or receive delivery of your product - *unless* someone has been registered and applied for a Caregiver Card. If this is something you would like to set up please contact our office to have their information added to your registry profile.
- Dispensaries are cash only or a form of "Can Pay" which is a preloaded debit card, please contact your dispensary of choice to see if they offer "Can Pay" before you upload funds onto it.
- Your medicine can NOT leave the state of Florida. Your medicine is only legal in this state. If you are traveling to a state where cannabis is legal you still can not take it with you. Medical cannabis purchased in Florida has to stay in Florida.
- Your card may or may not be valid in another state, it depends on the rules and regulations of that particular state. You can typically find this information on the Department of Health's website for that state.
- For all other rules and regulations here in Florida please see the OMMU's website:  
<https://knowthefactsmmj.com/rules-and-regulations/>
- Follow-ups are scheduled around your order expiration date. If for any reason you need to reschedule please keep that in mind. Rescheduling could cause a gap in your ability to purchase your medicine from a dispensary.
- Your Medical Card is good for 1 year - Renewal instructions are below.
- Orders are placed in the registry by Dr. Hashim. However, this is only in a category form. For example - Oral, Inhalation, and Topical for both low-THC (CBD) and High-THC (THC) - When calling or going to a dispensary you will need to tell them what products you want to purchase. You do not have a "prescription" entered. Medical Cannabis can not be written as a prescription; it is only a recommendation. If you have questions regarding your medication please call our office or contact your dispensary. We are always happy to help.

- Flower is now available in Florida. This is entered in its own category and you are allowed to purchase no more than 2.5 ounces in a 35-day time period. For more information about Flower you can visit the OMMU's site at:  
[https://s27415.pcdn.co/wp-content/uploads/\\_documents/Know\\_The\\_Facts/Smoking.pdf](https://s27415.pcdn.co/wp-content/uploads/_documents/Know_The_Facts/Smoking.pdf)
- Orders are good for 70 days - If you are scheduled for a 10-week follow-up you will have 1 order placed. If you are scheduled for a 210-day follow-up you will have 3 orders placed.

**Applying for your Medical Card:**

**Medical Card application: (\$75 + \$2.75 CC processing fee/ year)**

You will receive an email from the Medical Marijuana Use Registry(MMUR) after you are registered by Dr. Hashim, this will allow you to create a password granting you access to your registry profile which is where you will complete your online application. If it has not shown up in your inbox please check your junk/ spam folder and be sure to save the MMUR to your contacts to ensure you get all emails from them moving forward. Just a reminder your username will always be your full email address including the .com/.net at the end.

**If needed, here is the step-by-step instructional guide for the application process:**

[https://s27415.pcdn.co/wp-content/uploads/\\_documents/Instructional\\_Guides/PT/FLHSMV/Application-Initial-Instructions-2.pdf](https://s27415.pcdn.co/wp-content/uploads/_documents/Instructional_Guides/PT/FLHSMV/Application-Initial-Instructions-2.pdf)

**In 5-10 business days, the state will email you an approval letter with an ID CARD#. When you get this approval and ID# you can purchase from any dispensary in the state of Florida.**

**Seasonal Residents:**

By definition: Seasonal resident means any person who temporarily resides in this state for a period of at least 31 consecutive days in each calendar year, maintains a temporary residence in this state, returns to the state or jurisdiction of his or her residence at least one time during each calendar year, and is registered to vote or pays income tax in another state or jurisdiction.

**To apply for a medical card please ensure you can provide the following: There are NO exceptions.**

**Seasonal resident proof of resident requirements:**

Seasonal residents who do not possess a valid Florida driver license or Florida identification card must submit a copy of two of the following documents:

- A deed, mortgage, monthly mortgage statement, mortgage payment booklet or residential rental or lease agreement.
- One proof of residential address from the seasonal resident's parent, step-parent, legal guardian or other person with whom the seasonal resident resides and a statement from the person with whom the seasonal resident resides stating that the seasonal resident does reside with him or her.
- A utility hookup or work order dated within 60 days before registration in the medical use registry.
- A utility bill, not more than 2 months old.
- Mail from a financial institution, including checking, savings, or investment account statements, not more than 2 months old.
- Mail from a federal, state, county, or municipal government agency, not more than 2 months old.

**Seasonal resident photo requirements:**

Submit a full-face, passport-type, color photograph taken in front of a plain white background within the last 90 days, and 2x2 inches in size.

**Medical Card renewal: (\$75 + \$2.75 CC processing fee/ year)**

Please do not forget your medical card has to be renewed on a yearly basis. You can start the renewal process online in your registry profile 45-days prior to the expiration date printed on your physical card. I do not have the ability to see when your card expires because this is the date the state PRINTED your card. This is something you can check in your profile with the state under "Your profile" there will be a countdown as to how many days until your card expires, or simply look at the date printed on the card itself. The state will send a reminder email to you, to start this process but if you have not saved the medical marijuana use registry to your contacts, I have found it often gets sent to your junk or spam folder.

**If needed, here is the step-by-step instructional guide for the renewal application process:**

[https://s27415.pcdn.co/wp-content/uploads/\\_documents/Instructional\\_Guides/PT/FLHSMV/Application-Renewal-Instructions.pdf](https://s27415.pcdn.co/wp-content/uploads/_documents/Instructional_Guides/PT/FLHSMV/Application-Renewal-Instructions.pdf)

**PLEASE NOTE:**

The Medical Card is your ID and allows you into the dispensary - this you will renew in your registry profile on a yearly basis.

The Orders/ recommendations allow you to purchase once inside - this you must renew with me in the office every 210-days in the form of a follow-up appointment.

**Approved Medical Marijuana Dispensaries:**

*\*Most if not all dispensaries will offer a "First-time patient" discount when purchasing from them - Please ask the dispensary directly for details on discounts and discount programs.*

**Here is the link to the OMMU's site for all approved dispensing locations - Click on any name in BLUE and it will take you directly to their site. I have also included them at the bottom.**

<https://knowthefactsmmi.com/mmtc/>

Here is an easy access of just a few options:

**Liberty Health Sciences** -

<https://www.libertyhealthsciences.com/>

Customer Service/ Phone orders: (833)254-4877

**Surterra Wellness** -

<https://www.surterra.com/>

Customer Service: (850)391-5455

**Curaleaf** -

<https://fl.curaleaf.com>

Customer Service: (877)303-0741

**Fluent (Formerally Knox Medical)** -

<https://getfluent.com/>

Customer Service: (833)735-8368

**Trulieve** -

<https://www.trulieve.com/>

Customer Service: (844)878-5438

**AltMed/ MUV** -

<https://altmedflorida.com/>

Customer Service: For general questions please call the store closest to your area.

**Grow Healthy** -

<https://www.growhealthy.com/>

Customer Service: (863)223-8882

**Vida Cann** -

<http://www.vidacann.com/>

Customer Service: (800)977-1686

**Columbia Care** -

<https://col-care.com/all-locations/>

Customer Service: (800)714-9215

**GTI(Rise Dispensaries)** -

<https://risecannabis.com/>

(305)306-8772

**MedMen** -

<https://www.medmen.com/>

(786)288-3145

**SEASONAL RESIDENTS:**

1. You will need to provide the state with a profile photo - This needs to look like a passport photo. You can go to any Walgreens or CVS and have one taken or there is an app called "Passport Photo" on any Android or iPhone that you can use for free - If you choose to take the photo yourself you MUST be standing in front of a plain white background - There can be NO photos or if you are using a door no decorative inlays in the background. The state is very strict when it comes to the photo.

DO NOT: Alter the photo in any way this includes filters.

2. "Proof of Residency" You will need to upload TWO of the following items.

- A deed, mortgage, monthly mortgage statement, mortgage payment booklet or residential rental or lease agreement.

- One proof of residential address from the seasonal resident's parent, step-parent, legal guardian or other person with whom the seasonal resident resides and a statement from the person with whom the seasonal resident resides stating that the seasonal resident does reside with him or her.
- A utility hookup or work order dated within 60 days before registration in the medical use registry.
- A utility bill, not more than 2 months old.
- Mail from a financial institution, including checking, savings, or investment account statements, not more than 2 months old.
- Mail from a federal, state, county, or municipal government agency, not more than 2 months old.

3. Go to the bottom and SIGN AND SUBMIT.

4. Go to payment and enter your Debit or CC information.

**In 5-10 business days, the state will email you an approval letter with an ID CARD#. When you get this approval and ID# you can purchase from any dispensary in the state of Florida.**

**NOTE:** Your card is good for 1 year - 45 days prior to your cards expiration date the OMMU will email you and let you know you can now go into your registry profile and renew your card. If all of your information is the same you will only need to click the button that says "renewal" and sign/ submit and enter the payment. If you DO NOT see the "renewal" button it is not within your 45-day timeline.